

LEARNING SESSION

I. GENERAL INFORMATION

- High School : "Dos de Mayo"
- Area : English
- Grade : Fifth
- Group : "B"
- Date : September 19th, 2019
- Class Duration : 7:00 – 7:45 am (45 minutes)
- Number of students : 28
- Jury's name : Dra. Isabel del Rocío Pantoja Alcántara.
: Dra. Leticia Noemí Zavaleta Gónzales .
: Mg. Teresa del Rosario Muñoz Ramirez.
- Trainee's name : Anadela Mostacero Diaz.

II. DIDACTIC UNIT

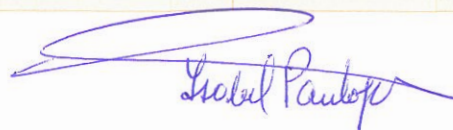
FOOD AROUND THE WORLD

III. TITLE OF THE LEARNING SESSION

I should eat...

IV. EXPECTED LEARNING

COMPETENCE	CAPABILITIES	PERFORMANCE
ORAL EXPRESSION AND COMPREHENSION (speaking and listening)	• Interact strategically in a conversation with his/her classmate.	• Interact strategically in a conversation with his/her classmate , using gestures, body movements and ayes contact to emphasize what he/ she say.





V. DIDACTIC SEQUENCE

EXPECTED LEARNING	STAGES	SEQUENCE OF ACTIVITIES	MATERIALS AND EQUIPMENT	EVALUATION		TIME
				EVALUATION INDICATORS/ PERFORMANCE	TECHNIQUES	
ORAL EXPRESSION AND COMPREHENSION (speaking and listening) Interact in a conversation strategically with his/her classmate	INPUT	<ul style="list-style-type: none"> ✓ Students watch a video why healthy eating is important? ✓ Teacher gets previous knowledge the vocabulary What kind of food you saw in the video? Are vegetables healthy or unhealthy for you? Students guess the topic. 	<ul style="list-style-type: none"> • Over projector • Speaker • Flash cards • whiteboard 	Interact in a conversation strategically with his/her classmate, using gestures, body movements and eyes contact to emphasize what he/ she say.	<ul style="list-style-type: none"> • Choral repetition 	10'
	PROCESS	<ul style="list-style-type: none"> ✓ Students listen to the audio and putt he correct number in the circles. Students listen to the audio and fill in the gaps. Students practice a conversation in pairs: 	<ul style="list-style-type: none"> • Markers • Handout 		<ul style="list-style-type: none"> • A conversation 	25'
	OUTPUT	<ul style="list-style-type: none"> ✓ Students complete an short dialogue in pairs <ul style="list-style-type: none"> ▪ feedback ▪ Metacognition: <ul style="list-style-type: none"> • What did you learn today? • What did you feel in the class? • What words do you use give advice? 				

I should eat...

1. Listen to the audio and put the correct number in the circles and write the categories.

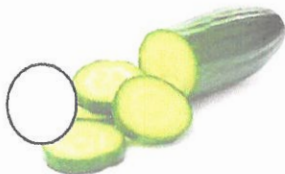


- 1.ice cream
- 2.hamburger
- 3.water
- 4.cucumber
- 5.blueberries
- 6.soda
- 7.celery
- 8.strawberry

A:vegetables: _____

B:Fruits: _____

C: Junk Food: _____



2. Listen to the audio and fill in the gaps.

Anna: Wow! this supermarket is huge!
 Look at all of these fruits and _____. I should eat more _____.
Angel: Good idea, Anna. You must eat more _____, ... like _____!
Devil: _____? Do you know what the web says about _____?
Anna: No, what?
Devil: _____ is 95 percent water- 100 percent not ice cream. I love the web
Angel: Anna, mustn't eat _____. _____ Will kill you!
Devil: You are being silly.
Angel: No, you are.
Anna: Will you two please be nice to each other?
 It is important to eat _____ foods. But a little _____ Will not kill me.
 Hmm, _____ does sound good!
Devil: Take this cart to the frozen food aisle!
Angel: No, wait go back we forgot fruit go back!

3. Practice the conversation in pairs.



1. Hey, what do you think about food?

2. I think we **should** eat more vegetables, because they contains vitamins.

3. You're right
We **shouldn't** eat junk food, because it gets fat us!

4. Yes, of course!
And we **should** drink a lot of water and move every day!



4. Complete a short dialogue and practice in pairs.



1. Hey, what do you think about food?

2. I think we **should** eat more ...



GIVING ADVICE Using Should



QUESTION: **Should** I + verb ... ? = I want advice about something.

ADVICE: **I think you should** + verb ... ✓

I don't think you should + verb ... ✓

I think you shouldn't + verb... ✗
We do not use shouldn't with I think.

Answer sheet

I should eat...

1. Listen to the audio and put the correct number in the circles and write the categories.

3



3



8



2



1



- 1.ice cream
- 2.hamburger
- 3.water
- 4.cucumber
- 5.blueberries
- 6.soda
- 7.celery
- 8.strawberry

A: Vegetables: **celery and cucumber**

B: Fruits: **strawberry and blueberries**

C: Junk Food: **ice cream, hamburger and soda**

6



7



5



2. Listen to the audio and fill in the gaps.

Anna: Wow! this supermarket is huge!

Look at all of these fruits and **vegetables**. I should eat more **vegetables**.

Angel: Good idea, Anna. You must eat more **vegetables**, ... like **celery**!

Devil: **Celery**? Do you know what the web says about **celery**?

Anna: No, what?

Devil: **Celery** is 95 percent water- 100 percent not ice cream. I love the web

Angel: Anna, mustn't eat **junk food**. **Junk food** will kill you!

Devil: You are being silly.

Angel: No, you are.

Anna: Will you two please be nice to each other?

It is important to eat **healthy** foods. But a Little **junk food** will not kill me.

Hmmm, **ice cream**. **Ice cream** does sound good!

Devil: Take this cart to the frozen food aisle!

Angel: No, wait go back we forgot fruit go back!

3. Complete a short dialogue and practice in pairs.

1. Hey, what do you think about food?

2. I think we **should** eat more vegetables, because they contains vitamins.

3. You're right
We **shouldn't** eat junk food, because it gets fat us!

4. Yes, of course!
And we **should** drink a lot of water and move every day!

4. Complete a short dialogue and practice in pairs.

1. Hey, what do you think about food?

2. I think we **should** eat more ...

GIVING ADVICE

Using Should



QUESTION: **Should** I + verb ... ? = I want advice about something.

ADVICE: **I think you should** + verb ... ✓

I don't think you should + verb ... ✓

I think you shouldn't + verb... ✗

We do not use **shouldn't** with I think.



VI. PHONETIC TRANSCRIPTION

✓ Soda	: / 'soudə/
✓ Celery	: / 'seləri/
✓ Strawberry	: / 'strɔ ,beri/
✓ Ice cream	: /aɪs krim /
✓ Hamburger	: / 'hæmbərgər/
✓ Water	: / 'wɔtər/
✓ Cucumber	: /kju:kəmber/
✓ Junk food	: /dʒʌŋk fud/
✓ Healthy	: / 'heɪθi/
✓ Unhealthy	: /ən 'heɪθi/
✓ Vegetables	: / veɔdʒtəbəlz/
✓ Fruit	: /frut/

VII. REFERENCES.

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- Harmer, Jeremy 2007, How to Teach English 2nd edition, Pearson Education Ltd.
- Sprat, M., Pulverness, A. & Willams, M. *Teaching knowledge test course*. Cambridge.
- <https://www.google.com.pe/search?biw=1366&bih=608&tbm=isch&sa=1&ei=WkmBXYmrDtyk1fAPx9qVqAl&q=cheese&oq=cheese&>
- <https://www.google.com.pe/search?tbm=isch&sa=1&ei=eEGBXaqBEraT0PEP5Ma1wAo&q=healthy+and+unhealthy+food>

Presidenta del jurado

Dra. Isabel del Rocío Pantoja Alcántara.

Bachiller

Anadela Mostacero Díaz.